

Creamy Artichoke Dip

Serves

6

Ingredients

½ cups (4 oz.) block style-fat free cream cheese, softened
¼ cups reduced fat mayonnaise
3 tbs. fresh Parmesan cheese
2 tsp. minced garlic
2 tsp. lemon juice
½ tsp. hot pepper sauce
2 (9 oz.) package frozen artichoke hearts (about 2 cups) thawed and chopped
Cooking spray

Preparation Instructions

Combine the first 8 ingredients in a large bowl, stir until well blended. Add artichoke hearts. Spoon mixture into an 8-inch square baking dish coated with cooking spray. Bake at 350 degrees for 30 minutes or until artichoke hearts begin to brown.